## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act.

|   | Washington, D.C. 20549  |  |
|---|---|--|
|   | FORM 8-K  |  |
|   | CURRENT REPORT  |  |
| Pursuant to   | Date of Report (date of earliest event reported):   | ct of 1934                                       |
|   | September 6, 2016   |  |
| SUMN  | (Exact name of registrant as specified in its charter)  | INC.   |
| Maryland  | 000-52566   | 73-1721791                                       |
| (State or other jurisdiction of incorporation)  | (Commission<br>File Number)   | (I.R.S. Employer Identification No.)             |
| 2 Sout  | ch Pointe Drive, Suite 100, Lake Forest, California 9<br>(Address of principal executive offices) | 2630   |
|   | (949) 535-2022  |  |
|   | (Registrant's telephone number, including area code)  |  |
| (For  | Not Applicable mer name or former address, if changed since last repo                             | ort)   |
| Check the appropriate box below if the Form following provisions:   | 8-K filing is intended to simultaneously satisfy the filin  | ng obligation of the registrant under any of the |
| ☐ Written communications pursuant to Rule 425 und   |   |  |
| <ul><li>□ Soliciting material pursuant to Rule 14a-12 under</li><li>□ Pre-commencement communications pursuant to F</li></ul> |   |  |

#### Item 8.01 Other Events

Attached hereto as Exhibit 99.1 is a copy of the press release that Summit Healthcare REIT, Inc. (the "Company") issued on September 6, 2016.

### Item 9.01 Financial Statements and Exhibits

Exhibit No. Description

99.1 Press Release issued September 6, 2016, titled "Summit Healthcare REIT, Inc. acquires an interest in

two skilled nursing facilities in Delaware"

#### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Company has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

SUMMIT HEALTHCARE REIT, INC.

By: /s/ Elizabeth A. Pagliarini

Name: Elizabeth A. Pagliarini
Title: Chief Financial Officer

Dated: September 7, 2016



CONTACT
Shelly Taylor
(800) 978-8136
staylor@summithealthcarereit.com

## NEWS RELEASE

FOR IMMEDIATE RELEASE

# Summit Healthcare REIT, Inc. acquires an interest in two skilled nursing facilities in Delaware

Lake Forest, Calif., (September 6, 2016) – Summit Healthcare REIT, Inc.. ("Summit" or the "REIT") announced today that it has acquired an interest in two skilled nursing facilities located in the communities of Millsboro and Smyrna, Delaware, for a total purchase price of \$54.1 million on September 2, 2016. The facilities consist of a total of 332 licensed beds, and will be operated by and leased to a third party operator.

The acquisition was made through a joint venture between Summit Healthcare Operating Partnership, LP ("Summit OP"), which is wholly owned by the REIT and Best Years, LLC ("Best Years"). Best Years is a U.S. based wholly owned subsidiary of Union Life Insurance Co. Ltd, a Chinese corporation. Summit OP has successfully partnered with Best Years in 15 previous acquisitions.

"The acquisition of an interest in these two skilled nursing facilities is a great fit for Summit and our first acquisition in the state of Delaware," said Kent Eikanas, President and Chief Operating Officer of Summit. "This is an exciting time for the REIT as we continue our expansion and diversification throughout the United States."

#### About Summit Healthcare REIT, Inc.

Summit is a publicly registered non-traded REIT that is currently focused on investing in senior housing real estate located throughout the United States. The current portfolio includes interests in 28 long-term triple-net leased healthcare facilities in ten states. Please visit our website at: <a href="http://www.summithealthcarereit.com">http://www.summithealthcarereit.com</a>

For more information, please contact Shelly Taylor at (800) 978-8136.

This material does not constitute an offer to sell or a solicitation of an offer to buy Summit Healthcare REIT, Inc.

This release may contain forward-looking statements relating to the business and financial outlook of Summit Healthcare REIT, Inc. that are based on our current expectations, estimates, forecasts and projections and are not guarantees of future performance. Actual results may differ materially from those expressed in these forward-looking statements, and you should not place undue reliance on any such statements. A number of important factors could cause actual results to differ materially from any forward-looking statements contained in this release. Such factors include those described in the Risk Factors sections of the Company's annual report on Form 10-K for the year ended December 31, 2015, and the quarterly reports for the periods ended March 31, 2016 and June 30, 2016. Forward-looking statements in this document speak only as of the date on which such statements were made, and we undertake no obligation to update any such statements that may become untrue because of subsequent events. We claim the safe harbor protection for forward-looking statements contained in the Private Securities Litigation Reform Act of 1995.